

HURST GREEN PRIMARY SCHOOL



Drug Education Policy

| Policy for the attention of | | | |
|-----------------------------|--------------|-------------------|------------------|
| Audience | Key Audience | Optional Audience | Additional/Notes |
| Senior Leadership Team | √ | | |
| Teachers | √ | | |
| Teaching Assistants | √ | | |
| Administrative Staff | | √ | |
| Lunchtime Supervisors | | √ | |
| Site Manager | | √ | |
| Cleaners | | √ | |
| Governors | √ | | |
| Parents | √ | | |
| Website | √ | | |
| Local Authority | | √ | |

| | |
|--------------------------|---|
| Responsibility of | School Improvement |
| Review frequency | Every two years |
| Previous versions agreed | 22 October 2018; 2 November 2020; 17 October 2022 |
| This version agreed | 21 October 2024 |
| Next review date | Autumn 2026 |

Drug Education Policy

Aims and Objectives

Hurst Green's aim is to give pupils the facts, emphasise the benefits of a healthy lifestyle, and give pupils the knowledge and skills to make informed and healthy choices now and later in life.

Values framework

The school promotes values, which underpin personal development and a healthy society:-

- respect
- kindness
- honesty
- friendship
- ambitions
- perseverance
- self-belief

A Sequence for Drugs Education

Drugs Education is covered in our Jigsaw 'Healthy Me' Programme. Please see our PSHE/RSE Policy for further details.

Y1

Children learn about healthy and less healthy choices and how these choices make them feel. They explore about hygiene, keeping themselves clean and that germs can make you unwell. The children learn about road safety, and about people who can help them to stay safe.

Y2

Children learn about healthy food; they talk about having a healthy relationship with food and making healthy choices. The children consider what makes them feel relaxed and stressed. They learn about medicines, how they work and how to use them safely. The children make healthy snacks and discuss why they are good for their bodies.

Y3

Children learn about different types of drugs, the ones you take to make you better, as well as other drugs. The children consider things, places and people that are dangerous and link this to strategies for keeping themselves safe.

Y4

Children learn about smoking and its effects on health; they do the same with alcohol and then look at the reasons why people might drink or smoke. Finally, they learn about peer pressure and how to deal with it successfully.

Y5

Children investigate the risks associated with smoking and how it affects the lungs, liver and heart. Likewise, they learn about the risks associated with alcohol misuse.

Y6

Children discuss taking responsibility for their own physical and emotional health and the choices linked to this. They learn about different types of drugs and the effects these can have on people's bodies. Children learn about exploitation as well as gang culture and the associated risks.

All of this will be underpinned by the 'My Happy Mind' programme, which is designed to give today's children the skills to thrive in tomorrow's world. It is underpinned by 5 key philosophies:

- 1) proactive not reactive
- 2) stigma reversing
- 3) a systemic approach
- 4) fun to learn & easy to teach
- 5) equitable access for all

Organisation of School Drug Education

Co-ordination

Drugs education is co-ordinated by the PSHE/RSE co-ordinator in co-operation with the Curriculum Lead.

Delivery

- Through planned aspects of science
- Through PSHE/RSE curriculum time
- To use appropriate workshops to support drug education such as Loudmouth Theatre and Big Talk.

Dissemination of the Policy

The policy will be –

- Distributed and shared with the teaching staff.
- Distributed to Governors.
- Made available to parents on request to the Headteacher/PSHE coordinator and on the school website.

Appendix

Drugs Education

- Parents /carers are aware of drugs education as part of our PSHE/RSE curriculum. This includes learning about medicines, volatile substances, alcohol and smoking.
- They are aware of the school rules in relation to the storage and administration of prescription medicines.

Medicines – see Administration of Medicines in School policy.